

# NAKSHATRA AND VASTU REMEDIES FOR RAHU

*BY RENU SHARMA & VISHAL*

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# ABOUT THE BOOK

Nakshatra & Vastu Remedies for Rahu is a one-stop unique book to bring Astrology and Vastu (including Decluttering) driven solutions to everyone in layman terms. The writers have practised and applied these solutions in the last 29 years and have made a lasting impact on people's life. This book presents solutions for all 3 nakshatras in a very structured way. Starting from their basic significations, characteristics, and symbols to eight different ways of performing a remedy for Rahu. These are what mantras' to recite or chant, what pooja or prayers to be performed, what and how to donate, which plants to keep or plant, what gemstone or a rudraksha to wear, what yoga to be performed and what precautions are needed for the placement of Rahu in 12 houses. Besides this, for three Rahu of Saturn, five different ways of performing a remedy are described in a structured way.

Vastu Shastra driven solutions for Rahu and its zone of SouthWest is described with its attributes, precautions, preferences, yantras and remedies are described in a methodical manner.

Writers have tried to create a one-stop book for all solutions related to Rahu. For the first-time Astrology, Vastu and Decluttering solutions are combined to give a number of ways of performing remedial solution for Rahu.

Writers firmly believe that these suggested solutions described in the book will make a lasting difference in your and your loved one's life.

# ABOUT THE AUTHOR

Smt Renu Sharma comes from a family of traditional astrologers and practitioner of Ayurveda and herbal medicines. She has been practising Vastu shastra and astrology for the last 29 years. She has finally decided to share her learnings and experience gathered by serving people and making a difference in their life.

Mr Vishal has learned astrology and Vastu shastra from her mother and co-author of this book Smt Renu Sharma. He holds a BE in Mechanical Engineering, M.Tech in IT and MBA (Melbourne University). He is currently active in helping and assisting people to make a difference in their life by applying this divine science of Astrology, Vastu Shastra and Feng Shui.

# REMEDIES

## BACKGROUND

**R**emedies or remedial measures for planets, constellations (nakshatra) and Vastu dosha are popular in Astrology. Their prime purpose is to address suffering or ill effects of planets, constellations or Vastu dosha. Having said that some astrologers or consultants do suggest remedies for enhancing their good influences on us. My personal opinion is to perform remedies only for addressing ill effects only.

### **Why we suffer or need remedies**

This can be understood by an inherent concept in Sanatana Dharma (popularly known as Hinduism) where reincarnation (cycle of rebirths) is believed, a process which affects every living entity on earth.

Every birth incorporates well, bad and neutral (no adverse or good effect, like progress in spirituality) karma. Suffering or happiness in the present life is driven by good and bad karma in past and present birth deeds. Remember 5<sup>th</sup> House (past life deeds) and 9<sup>th</sup> (future birth) in our birth chart or horoscope signify and give good indicators. Sometimes we do so many bad karmas in one life only that the cycle of rebirth continues until many births to suffer from past deeds and present life's deeds as well. It is the same for good karma. This continues until it balances out and that day means no more rebirth on earth.

Now, most people do say if we have to suffer from these past and present deeds anyway then what is the point of doing these remedial measures. Here, Astrology comes into the scope and provides some insight.

Astrology, a divine and well advanced (beyond humans' grasp) science is leveraged to understand what is coming ahead of us, like an event. This does not mean that we can overcome or bypass that event (good or bad). What we are

shown or guided by astrology is, that please be mindful of these events and take some steps to mitigate or do some remedial measures to address its severity.

This means remedial measures are prescribed to reduce the severity of an event or happening only, that does not mean we can overcome an event. Example if someone's birth chart signifies an accident, which could break his or her leg, then by performing remedial measures, we can only reduce the severity of that accident (event), resulting in only a few stitches or minor scratches but cannot mitigate an accident or an event cannot be stopped or bypassed. Therefore, remedial measures are performed to get some relief from these adverse or life-changing events.

### How does it work?

The popular belief is that these measures work because by performing these, we are influencing the basic nature of a planet or a constellation and hence we can overcome an adverse event. As described above, it is not true, in fact, planets never change their inherent behaviour, they behave the same for everyone, good or bad. So, then the question arises how it works.

Well, this can be understood by the following:

Our birth chart (*horoscope, at least theoretically*) is created by the positioning of each planet in our solar system on the day of birth. This reflects our past, present and future. On this day (*theoretically*) it was finalised that we have an outstanding balance of deeds from the past life (in 5<sup>th</sup> house) and in the present life, we will repay for our past and will do deeds to decide the future (9<sup>th</sup> house) as well. Therefore, it was finalised on the day of birth that every individual will have a different life or journey towards his or her destiny.

By performing these remedial measures, we are trying to address the imbalance of bad deeds from past and present life.

When a day for an event comes in natives life, on that day respective planet for that event like Saturn will check our deeds balance. At the time if we have accumulated fewer bad deeds then a less severe event if more than the more severe event will take place. Since we are not in a position to find what we did in a past life, it's hard to balance out those effects in the present life. Hence any measure we do in the present life will never compensate for our outstanding balance from the past. Therefore, we will never bypass or stop an event by performing remedies.

This is a very simplistic view of things in my opinion. I am sure there are other

viewpoints, which could explain this aspect. I do not have any insights into those, but I do respect them.

# **TYPE OF REMEDIES**

Let me point out that Sage Parashara has not prescribed remedies as such; he has only referred to the recitation of mantra or stotra and donation or charity. Hence, I am not recommending any specific remedy. I am highlighting these various measures in practice, which are being prescribed.

## **Classify**

Remedies or remedial measures can be classified by applying the following lenses to identify which one to perform, how, when and which direction. These lenses are the following:

Element: What type of activity to perform

Direction: represented by each zodiac or sign

When (hora) and what day of the week is represented by each planet and constellation lord

Caste: what each planet signifies which activity they represent

Moola (root, plants or herbs), Jeeva (Animals), Dhatus (Metal or mineral)

Ayurvedic Nature: Airy (Vata), Pitta (Fiery), Kapha (Watery)

More lenses signifying characteristics, nature and representation of each planet can be applied to fine-tune these remedial measures.

## **Element Based Classification**

- Fire or Agni: If a remedial planet is of Agni Tatva (fiery element) or in Agni Rasi (fiery Zodiac), then remedies should be based on homa (yajna), praying Agni Deva, lighting a lamp or incense stick or dhoop before starting any remedy
- Air or Vayu: If a remedial planet is of Vayu Tatva (Air element) or in Vayu Rasi (Airy Zodiac), then remedies should be based on reciting or chanting Stotra or doing yoga and taking blessings of Vayu Deva before starting any remedy
- Earth or Prithvi: If a remedial planet is of Prithvi Tatva (Earth element) or in Prithvi Rasi (Earth Zodiac), then remedies should be based on feeding to living beings like humans, animals or birds, walking barefoot or wearing an element or threads and taking blessings Prithvi Deva before starting any remedy

- Water or Jal: If a remedial planet is of Jal Tatva (Water element) or in Jal Rasi (Watery Zodiac), then remedies should be based on donating by immersing items in the stream of flowing water (clean) and taking blessings of Jal Deva before starting any remedy

## Direction Based Classification

- Aries: East
- Taurus: South
- Gemini: West
- Cancer: North
- Leo: East
- Virgo: South
- Libra: West
- Scorpio: North
- Sagittarius: East
- Capricorn: South
- Aquarius: West
- Pisces: North

If a planet whose remedy is prescribed is placed in Pisces, then it must be performed while facing North direction or if a planet placed in Gemini then West direction is to be used.

## Time (Hora) And Day

Time to perform a remedy is usually prescribed in the hora of each planet and day represented by that planet. Having said that there are other days and time when these can be performed for the respective planet.

## Day

- Sunday: Sun, some time for Rahu
- Monday: Moon
- Tuesday: Mars, Ketu
- Wednesday: Mercury, Rahu
- Thursday: Jupiter
- Friday: Venus and sometimes Saturn to appease via Venus
- Saturday: Saturn, Mars

## Hora

1<sup>st</sup> hour from sunrise is allocated to the respective day and planet represented by that day. Then go back to 3<sup>rd</sup> day from that day and continue until you reach the 7<sup>th</sup> day.

So on Sunday 1<sup>st</sup> hour from sunrise is Suns Hora., 3<sup>rd</sup> day backwards is Friday, so next hour Hora is for Venus, next hour Hora will be for Wednesday or Mercury and so on.

Time	Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>Sunrise to 1 hr (Say 6-7 am)</b>	Sun Hora	Moon Hora	Mar Hora	Merc Hora	Jup Hora	Ven Hora	Sat Hora
7- 8 am	Ven Hora	Sat Hora	Sun Hora	Moon Hora	Mars Hora	Mer Hora	Jup Hora
8-9 am	Merc Hora	Jup Hora	Ven Hora	Sat Hora	Sun Hora	Moon Hora	Mars Hora
9-10 am	Moon Hora	Mars Hora	Merc Hora	Jup Hora	Ven Hora	Sat Hora	Sun Hora
10-11am	Sat Hora	Sun Hora	Moon Hora	Mars Hora	Merc Hora	Jup hora	Ven Hora
11-12pm	Jup Hora	Ven Hora	Sat Hora	Sun Hora	Moon Hora	Mars Hora	Merc Hora
12-1pm	Mars Hora	Merc Hora	Jup Hora	Ven Hora	Sat Hora	Sun Hora	Moon Hora
1-2 pm	Sun Hora	Moon Hora	Mars Hora	Merc Hora	Jup Hora	Ven Hora	Sat Hora
2-3 pm	Ven Hora	Sat Hora	Sun Hora	Moon Hora	Mars Hora	Sun Hora	Jup oHra
3-4 pm	Contd.						

## Ayurvedic Nature

- Airy (Vata)
  - Qualities: cold, dry, Light, moving, flighty, spiritual, thin
  - Taste: bitter, astringent, pungent or spicy, raw
- Fiery (Pitta)
  - Qualities: hot, oily, light, fiery, vibrant, successful, aggressive
  - Taste: sour, pungent or spicy, salty, fetid, warm
- Watery (Kapha)

- Qualities: cool, oily, heavy, stable, slow, methodical, greedy
- Taste: sweet, salty, sour, creamy, heavily cooked

# *DONATION OR CHARITY*

## Type

The following type of donations are recommended for remedial measure

- Gupt Daan: Anonymous donation
- Vidya Donation: Donation related to education
- Kanya Daan: Donation related to the marriage ceremony of a girl
- Anna Daan: Donation related to grain and food items
  - Anna Daan is usually prescribed as Tula Daan (Donation of items according to your weight) in one go on the day of your Janma Nakshatra
  - Another way to donate is over 12 months.
  - Example if your weight is 60 Kg then donate 5Kg ( $60/12\text{months} = 5 \text{ Kg/month}$ ) each month
- Other: there are other types of donation which can be leveraged

*Note: Donations are prescribed or recommended only for 3<sup>rd</sup>, 6<sup>th</sup>, 8<sup>th</sup> 12<sup>th</sup> house lord only*

## *STOTRA*

## Type

There are various types of stotra or mantra from sattvic to Tantrik. I have primarily described sattvic and rajasic mantras here.

- Sattvic: primarily for our spiritual elevation
- Rajasic: for material gains and desires

## *TYPE OF WEAR*

## **Gemstones**

Vedic astrology mentions gemstone but doesn't prescribe any gem as a remedy. Scriptures like Narada Purana prescribes gems as a remedy for planets, where Varahamihira, the great astrologer has highlighted gems and their benefits in

Brihat Samhita but does not prescribe them as remedies in his renowned text of Brihat Jataka

## Rudraksha

Rudraksha is a seed used for prayer and japas in Hinduism. The seed is produced by several species of large evergreen broad-leaved tree in the genus *Elaeocarpus*, with *Elaeocarpus ganitrus* being the principal species used in the making of organic jewellery or *mala* (necklace). Since this is an organic material, it is worn in a chord rather than a chain.

Rudraksha has been suggested in various Puranas and has some remedial effect on a native. A proper consultation is required to wear them.

*Note: Sankalp and prayer of kuldevi or kuldevta is advised every day and before starting any remedy*

# ASTRO DECLUTTERING

- Decluttering means removing unnecessary items from an untidy or an overcrowded place.
- Astro Decluttering means removing unnecessary items or tidy a place while keeping each planet significant items in mind while executing this exercise.
- Tidying and Decluttering our home and place where we live and work is vital to ensure we live a happy, successful and prosperous life in harmony. I gather it is easy to then practice it because people have emotional and functional connect with items at home and work. Hence, they keep them for a longer duration, thinking that this can be used in future. In doing so what they don't realise is, that this is not a good practice at all and it influences their day to day life negatively.
- Every object we use or interact at home or work or other places has some energy and it connects with our environment and universe. Therefore, every object or item needs appropriate care, consideration and handling.
- So to Declutter, our life, 1st step is to recognise that we have a problem of Declutter. Secondly, we need to identify what items are causing what symptoms. Once we have established that then we can either donate, discard or organise them depending upon the need, purpose and joy from that item.
- As a thumb rule any item that hasn't been used for more than one year or four seasons or doesn't give any joy to you or your family or outlived its purpose, then it must be removed or donated because it is unlikely it will be used again. Besides, donating items will allow needy people to use them and in return, you and your family will get blessings from them.

*PLANETS - CLUTTERING SYMPTOMS,  
DECLUTTER BY DONATION AND*

# *ORGANISING*

- As discussed earlier it is vital to understand what planets signify what items, metals, idols, and animals in the house or at work.
- If these items or belongings (*signifying respective planet*) are not kept properly with care or are broken, then not only it adds to the clutter, but it impacts each planet significance resulting in lack of success, harmony and happiness in life.
- Decluttering impacts your planets and zodiacs in your birth chart, resulting in various impediments and griefs in day to day life.
- Once these items are established with symptoms, the next step is to identify what items need to be discarded or donated and what items need to be organised.

ΔΔΔ

# RAHU

## *BACKGROUND*

Rahu or North Node of Moon is a shadow planet because he shadows the activity of any other planet and boosts its results.

### Info



Gender:

- o Androgynous (partly male, partly female)
- o Female (described in phaldeepika)

Time in Each Zodiac or Sign: 18 months

Zodiac or Sign: Taurus (Vrishabh) and some consider Virgo (Kanya)

Nature:

- o Malefic
- o Tamasic: ignorant, lethargic

Taste or Flavor:

Metal: lead

Colour: Brown

Animal: Snake, Donkey, Owl, Wolf, Camel, Mosquito, Insect

Signifies: Foreign land, Separation, Fear, Crime, Secrets, Desire, Harsh Speech, Gamble

Ruling Deity:

o Durga, Sarpa

Constellation or Nakshatra:

o Ardra

o Swati

o Shatabhisha

Day of Week: none but Wednesday is recommended for remedies

Direction: South West

Exalted (Uccha) Sign or Zodiac: 15° Taurus (Vrishabh)

Debilitated (Neecha) Sign or Zodiac: 15° Scorpio (Vrischika)

Positional Strength (Digbala) : 10th House

Number Represented: 4

## Symptoms Of Weak Rahu

When Rahu is weak or debilitated in your chart following symptoms will be found in native:

disturbed sleep, late-night working

unnecessary fear when going on foreign travel or journey

not able to withstand pressure, not able to dream big

dreams of snakes, fear of spirits or fearless

harm others physically

prone to constipation or loose motions

lack of know-how in spending for growth and expansion

a lot of wasteful expenditure

the tendency to betray, don't keep their word with others

prone to addiction like gambling and drinking

the curse from ancestors (from father side) delaying everything in life

attention jumps from one topic to another while speaking  
south-west or south of south-west direction is cluttered or not utilised properly at home

## *REMEDIES*

### **Recite Or Chant**

Recite Kalabhairav Asthakam

Recite Durga Shapshati

Recite Shiva Tandav Stotram

Recite Rahu's moola mantra (revealed sound or combination of sequences of sound)

Om bhrām bhreem bhroum sah rahave namah

*Do it 18000 times in 40 days*

Recite Rahu Stotra

Ardha Kaayam maha veryam chandraditya vimardhanam

Simhika garbha sambhutam tam rahum pranamamyaham

### **Pooja Or Prayer**

Worship Varaha Avatar (3rd Avatar of Lord Vishnu in the form of a Boar)

Worship Bhairva

Worship Lord Shiva

Perform Chandi Pooja

### **Plant**

Keep White Sandal tree (Santalum Album), root or a piece in a brown colour cloth it with you

*DONATE OR CHARITY*

### **Donate**

Coconut, black gram full (black urad daal or black lentil full) lead (metal), alcohol (in a brown bottle), barren land, sword, leather, gomedh (gemstone)

*Recommended Time: Begin from 1st Saturday or Wednesday of Waxing Moon (Shukla Paksha) during Rahu hora*

*Rahu Hora: one hour during the day after sunrise. Refer to any online panchang (lunar/moon-based calendar) for a respective hour during the day and place*

### *Fasting*

Keep fast (no food intake) on Saturday

*Fast meaning: Sacrifice of food. Milk products, food items, sweet or dessert intake is not advised during this fast. Fruits can be taken during the day*

*Open your fast or take a meal in evening or night after moonrise only*

## **Wear**

### **Rudraksha**

Wear 8 Mukhi (8 faces) Rudraksha

This is grown on Rudraksha (*Elaeocarpus ganitrus*) Tree

### **Gemstone**

o Gomed, Hessonite, Garnet

*For specifics on what weight, metal, which finger or other information, please consult an astrologer or a qualified priest*

Ornaments

## **Yoga**

Practice Anulom Vilom, Bharamari Parnayam, Bhastrika Pranayama

## **Precautions**

Take the following precautions if your Rahu is afflicted or weak in your birth chart (horoscope) in the following houses

Rahu in 1st H

Do not take electronic or electrical items, steel vessels and blue clothes from

your in-laws

Avoid wearing blue or black clothes

Rahu in 2nd H

Do not do any wrong activity at a religious place like a church or temple

Do not insult domestic help or toilet cleaner or laundry cleaner

Rahu in 3rd H

Do not provide false evidence

Do not stay away separately from the family

Avoid ivory items

Rahu in 4th H

Avoid electrical equipment from in-laws

Do not have an affair with an elderly woman

Do not keep charcoal at home

When you renovate or construct a house do not leave it unfinished midway

Do not let stagnant water gather around your house

Do not build a kitchen below the staircase

Rahu in 5th H

Avoid consuming meat, seafood, egg and alcohol

Do not take electrical equipment blue clothes or steel utensils from your in-laws

Rahu in 6th H

Do not lie, cheat others and take possessions of their things

Do not spoil relation with in-laws or your brother

Do not give false evidence

Rahu in 7th H

Do not get married before 21 years of age. If doing it then both husband and wife must keep a square silver piece in a silver bowl dipped in holy water like Ganges water

Avoid keeping a dog as a pet

Rahu in 8th H

No cheating false evidence

Do not take electrical items, blue-black clothes or iron items from your in-laws

Avoid staying in south facing house

Rahu in 9th H

Do not provide false evidence or cheat others

Do not have the outlet of a drain or dirty water under your main entrance of house or property

Rahu in 10th H

Do not provide false evidence or cheat others

Do not spoil relations with your in-laws

Cover your head when going out in Sun

Rahu in 11th H

Avoid consuming meat, seafood, egg and alcohol

Avoid taking iron and electrical items from your in-laws

Avoid the use of tobacco

Remove faulty (broken) or old electronic items (on Saturday)

Rahu in 12th H

Do not provide false evidence or tell lies

Do not take blue or black clothes, electrician items or steel vessel from your in-laws

Don't be stubborn

## *THEME BASED REMEDIES*

### **For Relief From Rahu**

#### **Bath for Rahu**

Put Hing (Asafoetida), Durva Grass, Guggal (dhup) in an Iron vessel

Boil it with water and mix in bathing water

Perform this on 3 Wednesdays

#### **Donation**

Donate 1, 2 or 5 kg of black lentil (urad dal, full) to any priest in a Shiva or

Hanuman Temple.

Day of donation is represented by zodiac or sign where Rahu is placed. Example if it's in Aries do it on Tuesday, if it's in Leo then do it on Sunday

Same can be performed for Ketu

### **Remedy 1**

On Wednesday evening, take some black sesame seeds, iron nail and black lentils in your fist. Rotate it 7 times over your head and body. Once done, throw these at south-west corner (outside) of your house or immerse in water

### **Remedy 2**

Take some alcohol (such as brandy, rum, etc.) in a glass bottle (the brown colour is preferred) with some raw rice in it

Keep this bottle in the South-West direction of your house on the eve of the New Moon (Amavasya) day

On Amavasya at midnight, take this bottle to a place where four roads meet, in a secluded place

Smash the bottle and instantly turn around and walk away. Don't look behind when you walk away

### **Remedy 3**

Rahu Remedy By Naleen Desai (Renowned Astrologer)

Collect the following 9 items in a red cloth

1. Shrifal (dry coconut, Quince)
2. Old copper coin (khotta sikka, or copper metal)
3. Jau or Jav washed in Milk
4. Green Moon (green lentils)
5. Black sesame seeds
6. Piece of Koyla (coal)
7. Kamal kakdi( lotus feet)
8. Red flower
9. The string of metal Lead

Collect them in a red cloth and Immerse it in a flowing water stream

Start from New Moon Day (Amavasya) and continue it on every Wednesday and Amavasya

This has to be done after sunset and before sunrise

## *GENERIC REMEDIES*

Feed white sesame seeds with sugar to black ants on Wednesday

Immerse coconut (same as your weight) in flowing water on Wednesday during Rahu's Hora

Immerse Radish 1.25 kg in flowing water on Sunday or Wednesday during Rahu's Hora

Stand in front of the sea every day or Wednesday for 10 mins (same time)

Light Chandan (sandal)/ guggul incense sticks at the right side of your main door

Eat your food where your gas stove is. Eat 1 or 2 bread first and then you can go back to the dining table, but start your food near your gas stove

Give water to your guests or visitors

Immerse Barley or Wheat of your weight inflowing stream of water on Wednesday

Donate a pair of black shoes to poor or needy

Keep alcohol in a brown coloured bottle in the south direction of your house and give it to someone eager to accept

Add some Ashoka leaves and some drops of sandalwood perfume or oil to your bath water

Do not eat left-over food or food that has become stale

Do not eat late at night - ideally, you should have dinner within an hour after sunset

Free some fish in water - buy a fish and then let it go free in a pond or river

Feed fish

Donate brown coconut to needy people

Start giving a full glass of water to people whom you want to give drinking water or to your guests

Clean or wipe your main door every day

## *DECLUTTERING SYMPTOMS*

If brown coloured household items, lead-based utensils, faulty electrical and electronic items, broken glass and mirrors, ripped and torn leather items are not discarded or kept properly with care than it leads to following:

dreams of snakes, fear of spirits or fearless

harm others physically

prone to constipation or loose motions

lack of know-how in spending for growth and expansion

a lot of wasteful expenditure

the tendency to betray, don't keep their word with others

prone to addiction like gambling and drinking

a curse from ancestors (from father side) delaying everything in life

attention jumps from one topic to another while speaking

south-west or south of south west direction is cluttered or not utilised properly at home

## *DECLUTTER*

To declutter the following steps are required

o 1st Discard and Donate

o 2nd Organise

## **Discard And Donate**

Once symptoms, items and zones are identified, the next step is to make a call on what items to discard or donate so that they can be reused by someone else

In the case of Rahu (north node of the moon) following items can be discarded or donated

discard broken brown coloured items

discard broken snake sculpture if any at home

discard empty alcohol bottles

donate alcohol on Saturday

discard or donate brown coconut

donate broken lead (metal) utensils, jewellery or other items

discard broken picture of ancestors or family members

discard broken glass if any

discard broken bathtub or toilet sheet

don't be addicted to anything like gambling or smoking or drinking

discard old electrical and electronic items like camera, mobile phones, accessories, chords and old batteries

discard playing cards or poker set if gambling is a problem

## **Organise**

Once we donate or remove items which are not needed then we need to tidy our place to ensure every object is properly placed at its designated place

In the case of Rahu (north node of the moon), the following can be done

clean and pay gratitude to the picture of your ancestors

pay gratitude to each item in house, esp. picture of your family

speak with written notes

clean and tidy your south-west or south of the south west corner of house or work

arrange items in a vertical storage style and ensure each item has a place in the house

clean and arrange lead (metal) utensils or jewellery

organise your storeroom, keep it clean and tidy

organise your chords, ropes and or wires and don't bundle them in a circle as it activates Rahu's energy

## **Precaution**

To ensure cluttering doesn't begin, please do the following things

put each item back to its position after its use

assign a place for each item where it is kept, else it will be kept at a various place which will be hard to find

use organisers like drawers, boxes or built-in shelves

don't keep things in a horizontal stack, but use vertical storage style like books in the bookshelf

don't get carried away by the emotional value attached to an item, attention needs to be paid 1st on functional value and then the emotional value

once an electrical and electronic item is broke or faulty or has finished its useful life, then it must be discarded immediately, rather than being kept

don't keep chords, rope, woollen thread in a circular bundle

fix your leaking roof or walls as it activates Rahu's energy

avoid gambling and drinking on Saturday as a minimum

△△△

# NAKSHATRA OR CONSTELLATION BASED REMEDIES

There are 28 nakshatras or constellations known to us, but we only refer to 27 nakshatras in natal astrology.

For this book, we have compiled remedies for Rahus three nakshatras that is, Ardra, Swati and Shatabhisha.

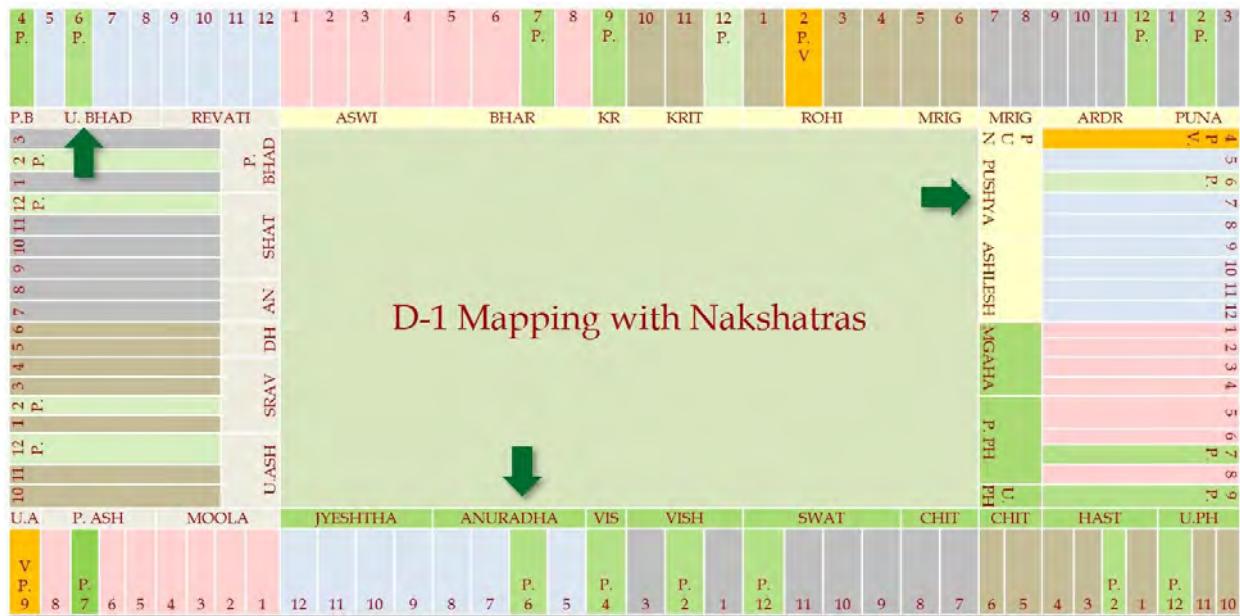
Note:

*Abhijit is 28<sup>th</sup> nakshatra, whose planetary lord is Sun, the ruling deity is Brahma and its zodiac or sign is Capricorn (6°40' -10°53' 20").*

## D-1 MAPPING WITH NAKSHATRAS

Following diagram shows how all nakshatras are mapped to 12 zodiacs using South Indian style birth chart.

Sections marked with P (green coloured) and V (orange coloured) are Punarvasu Nakshatra and Vargottama. *From CS Patel's Book on Navamsa*



# ARDRA

## INFO

Presence in Zodiac or Sign: Gemini

Ruling Planet: Rahu

Symbol: Dears Tear Drop, Diamond

Purpose: Desire (kama)

- Nature:

- Churning, dissects

- Airy (Vata)

- Guna: Tamasic (ignorant, lethargic)

- Gana: Human

Caste: Butcher

Gender: Female

Animal: Female Dog

Bird: Black Andril

Ruling Deity: Rudra, Storms

Key Words: Achiever, Addictions, Fierce and sharp, Researcher, Sacrifices, Rash or Impulsive, Emotional, Easily pleased and easily angered, Ability to withstand pressure, Hardworking

Operating Nature: The Sharp or Dreadful, Tikshna

Key Activities: for plotting against enemies, getting your work done at any cost, Oblation to the Ancestors(Shraddh), good for illegal and anti-social deeds such as cheating, tantra and black magic, killing people or animals

## REMEDIES

# **Recite Or Chant**

Recite following Beej Mantra (revealed sound or combination of sequences of sound) on Ardra Nakshatra day

Om Aeem 108 times

Om Nama Shivaya Shubham Kuru Kuru Yudhishtraya Nama Om

*Ardra Nakshatra day means when the moon transits this nakshatra in the lunar month*

# **Pooja Or Prayer**

Worship Lord Shiva

Appease Rahu

# **Donate**

Donate Liquor

Donate Green moong (green gram, lentils) in Bhairav Temple

# **Plant**

Plant Agarwood or Krushnagus, Wood Apple (Bale)

# **Other**

Feed dog (female and grey or brown coloured)

Take care of animals

Donate items to a Butcher or feed him

Don't consume meat, egg, seafood or alcohol on Wednesday

This is a Tikshna or Sharp nakshatra. This nakshatra is favourable for filing for a divorce, black magic, casting spells, punishment, hypnotism, evoking of spirits, demons, to divide others, to train and tame animals

# **What Vehicle To Buy**

To buy a car which will activate 4th house following sounds be used to find the name of the company of car (instead of the model name). Nakshatra must be your janma nakshatra, meaning your moon is placed in this nakshatra. These sounds are :

- o Pada 1 - Ku
- o Pada 2 - Gha
- o Pada 3 - Ng
- o Pada 4 - Chha

# SWATI

## INFO

Presence in Zodiac or Sign: Libra

Ruling Planet: Rahu

Symbol: Shoot of plant, Coral

Purpose: Desire

Nature:

- o Balance, Harmony, Self going, Independent
- o Watery (Kapha)
- o Guna: Rajasic (passion)
- o Gana: Dev

Caste: Butcher

Gender: Female

Animal: Male Buffalo

Bird: Pigeon

Ruling Deity: Vayu (Demigod of wind), Goddess Saraswati

Key Words: Powerful, Dynamic achiever, Unforgiving or Indulgences or Impulsive, Transformation, Individualistic or Independent, Dexterous and resourceful, Travel and speed, Hardworking, Freedom-loving

Operating Nature: Chara or Moveable

Key Activities: for buying or riding on automobiles, vehicles, horses, elephants, gardening, going on journey and travel. If this Nakshatra falls on Monday then its more auspicious

## REMEDIES

## **Recite Or Chant**

Recite following Beej Mantra (revealed sound or combination of sequences of sound) on Swati Nakshatra day

o Om Lam, Om Ksham 108 times

o Om Nama Shivaya Shubham Kuru Kuru Bheemaye Nama Om

*Swati Nakshatra day means when the moon transits this nakshatra in the lunar month*

## **Pooja Or Prayer**

Worship Goddess Saraswati

## **Donate**

Donate stationery like a pen, pencil to young people

## **Plant**

Plant Arjun, Queens Flower tree or Water it or look after it

## **Other**

For Libra Sign donate black sesame seeds with sugar and pour on Peepal on Saturday

Feed Pigeons and male Buffalo

Keep a picture of coral or shoot of a plant and look at it every day

This is a Moveable or Chara nakshatra. This nakshatra helps you move ahead. This is good for anything connected to motion, machinery and journeys. Also, events done on these nakshatras are repeated. This is suitable for buying vehicles, machines, animals

## **What Vehicle To Buy**

To buy a car which will activate 4th house following sounds be used to find the name of the company of car (instead of the model name). Nakshatra must be your janma nakshatra, meaning your moon is placed in this nakshatra. These

sounds are :

- o Pada 1 - Ru
- o Pada 2 - Re
- o Pada 3 - Ra
- o Pada 4 - Ta

# SHATABHISHA

## INFO

Presence in Zodiac or Sign: Aquarius

Ruling Planet: Rahu

Symbol: Hundred Physicians, Stars, Empty Circle

Purpose: Dharma

Nature:

- o Secrecy, Media, Suspicious, Introvert

- o Airy (Vata)

- o Guna: Tamasic (Ignorance, Lethargic)

- o Gana: Demon (Rakshasa)

Caste: Butcher

Gender: Androgynous

Animal: Female Horse

Bird: Raven

Ruling Deity: Varuna (God of water)

Key Words: Healer, Courage, Good judgment skills, Ambitious, Futuristic, Addiction, Ruthless, Steadfast (obstinate if afflicted), Can create a veil and pierce the veil, Many challenges in life

Operating Nature: Chara or Moveable

Key Activities: for buying or riding on automobiles, vehicles, horses, elephants, gardening, going on journey and travel. If this Nakshatra falls on Monday then its more auspicious

## Remedies

## **Recite Or Chant**

Recite following Beej Mantra (revealed sound or combination of sequences of sound) on Shatabhisha Nakshatra day

Om Lam 108 times

Om Nama Shivaya Shubham Kuru Kuru Vamdevaya Nama Om

*Shatabhisha Nakshatra day means when the moon transits this nakshatra in the lunar month*

## **Pooja Or Prayer**

Worship Lord Shiva

## **Donate**

Donate Alcohol

## **Plant**

Plant Kadamba, Common Bur Flower or Water it or look after it

## **Other**

Keep a picture of the empty circle and look at it every day

Feed black sesame seed and sugar laddoo (balls) to black ants

Give or feed milk to 100 people in one go

This is a Moveable or Chara nakshatra. This nakshatra helps you move ahead. This is good for anything connected to motion, machinery and journeys. Also, events done on these nakshatras are repeated. This is suitable for buying vehicles, machines, animals

## **What Vehicle To Buy**

To buy a car which will activate 4th house following sounds be used to find the name of the company of car (instead of the model name). Nakshatra must be

your janma nakshatra, meaning your moon is placed in this nakshatra. These sounds are :

- o Pada 1 - Go
- o Pada 2 - Sa
- o Pada 3 - Si
- o Pada 4 - Su

## **NOTE ON TIMING**

Note: Every remedy for each planet and constellation or nakshatra could be performed on the respective day (*described earlier in each section*). However, there are two constellations or nakshatras which are regarded as doctors of gods (Dev Vidhya). These two are Ashwini and Shatabhisha and are known as Parihara nakshatras. Therefore, any remedy performed when the moon transits these nakshatras in a lunar month gives good results.

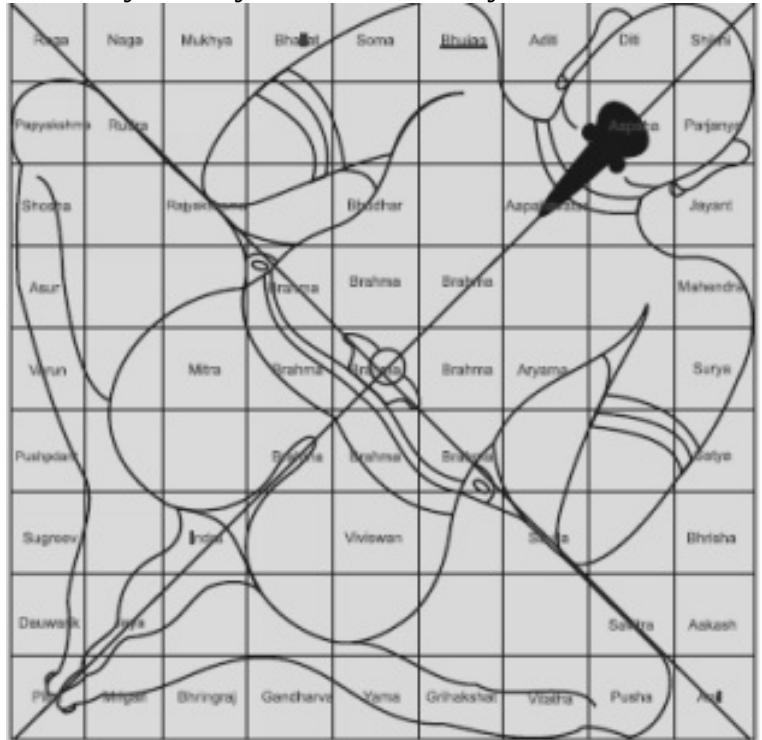


# VASTU SHAASTRA BASED REMEDIES

## BACKGROUND

**V**astu Shastra is a traditional system of architecture for designing and building structures in harmony with nature and our universe. This science is prescribed in our Vedas (ancient scriptures of India, say Hinduism). It is an integral part of Vedic astrology and must not be treated as a separate science.

Ancient Vastu Shastra principles layout how temples, houses, cities, gardens, roads and other structures need to be built. Today this science is popular under the name of Vastu, Mahavastu and closely related Feng Shui. Vastu provides solutions for most problems in our day-to-day life without any demolitions or

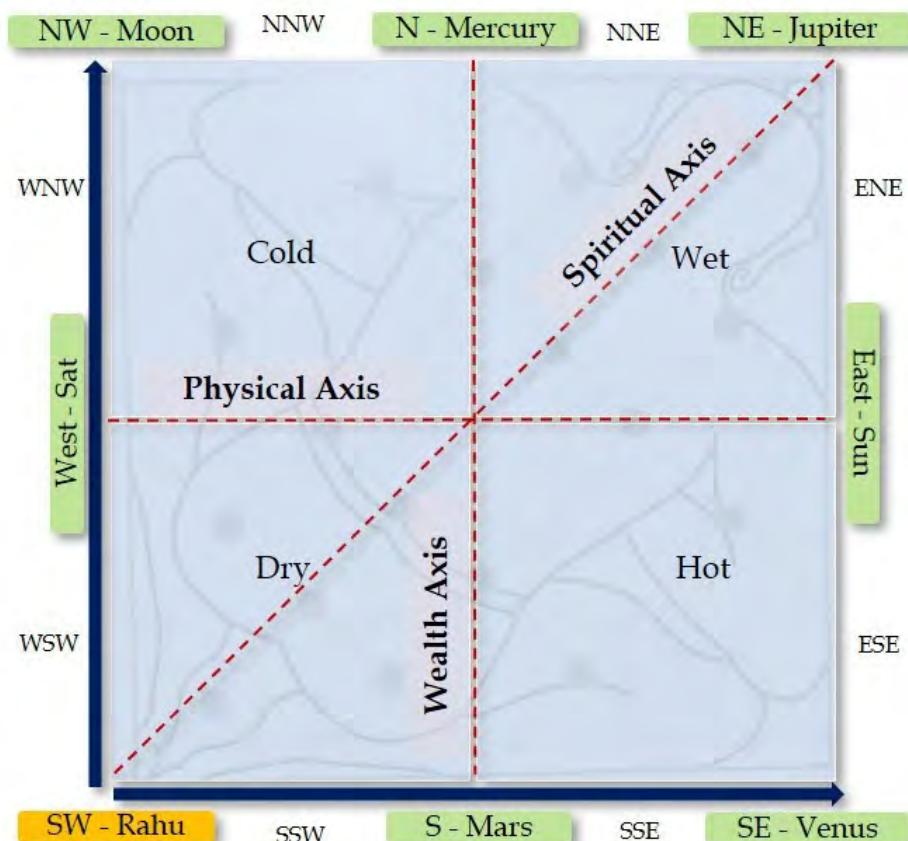


major constructional changes.

# INFO

- Lord: Vastu Purusha (Person)
- Responsible: for happiness and strength of the structure
- Facing: Facing Downward
- Number of Dev: 45 Devas are controlling respective zones
- Elements: Five
- Directions to Consider: 16
- Each Direction Zone or Area:  $22.5^\circ$  only, from the centre of any structure in scope

## ATTRIBUTES OF DIRECTION: SOUTH WEST



- Signifies: Relations, Marriage, Ancestors
- Devta: Pitrus

- Characteristics: Gives Lineage, Marriagae, Bestow Skills
- Planet: Rahu
- Colour: Yellow
- Element: Space (Earth)
- Shape: Square
- Body Part: feet

## REMEDIES

- Imbalance if the zone is contracted or less  
unable to utilise their skills, lack of love in relations  
treat this zone with Yellow colour
- Imbalance if the zone is extended or extra  
over expectaion, over possessive attitude  
treat this zone with White colour
- From Ocean Churning  
Vastu has a close link with items which came out from Ocean churning when Devta and Demons were fighting  
For South West, Dhanush (Bow) or its picture is placed this zone.

- Other Items or Symbols to Use  
Picture of Ancestors, Eagle (focus), Pair of Birds (relationships), Nandi (wish), Tools or Material used in profession or business, Mirror, Camel, Gold, Black Sesame Seeds, Rahu Yantra

13	8	15
14	12	10
9	16	11

Rahu Yantra

Please refer 45 devtas zone with 9 maha marmas zones marked as red dots

### ● Preferred

Bed Room

## Precautions

No Water or Air Element or Blue, Black, Green or Brown Colour  
No Temple, Plants, Clutter, Main Enatrance

Vayu (Papya)	Naga	Mukhya	Bhallat	Soma	Mriga	Aditi	Diti	Isha
Roga	Rudra	Rajaykah ma		Bhudhar		Apavatsa	Apa	Parjanya
Sosa								Jayant
Asur								Mahend
Varuna	Mitra			Brama				Surya
Pushpdn at								Satya
Sugreev	Indraj Jaya	Indra		Vivasvan		Savitra	Savita	Bhrisha
Dauvrik								Akasha
Pitri	Mrisha	Bhring	Gandhar va	Yama	Grishaks hat	Vitatha	Pusha	Agni (Anil)

## How To Recognise Rahus House

Sewage or bin near the house

Uncoppupied house in the surroundings

No progeny or childless

The vehicle will be broken or faulty

Dogs come and dig a pit in front of the house

Faulty electrical fittings or wiring

Seepage in the house

## Generic Remedies

- Keep water filled in Terracotta or an earthen pot in the North East corner of your house and refill it every week
- Take blessings of Vastu Purusha Everyday
- Keep Yellow scented flowers in your house
- Wipe your main door every day or once a week to gain positive energy and decrease the effect of Rahu
- Place an idol of Lord Ganesha outside of your house and place the same replica inside of your house. Keep in a way that they are back to back
- No heavy, pointed, sharp items like Knife, Nails as head of Vastu Purusha lies here

- No slope in South direction
- If your Ascendant and Ascendant Lord is strong than good ventilation and entry of the house is present
- Do not keep Broken Glass, Idol of God and Goddess in your home
- Do not Plant or Keep Cactus in your home. The thorny plant represents Mars and depending upon the placement of Mars in your chart a remedial step is required
- Windchime made of 7 metallic rods can be placed towards the western direction of the house as a remedy to address ill effects of Saturn
- Never keep broken or non-working electrical or electronic items as it increases the influence of Rahu
- Sound of the doorbell has to be pleasing else it creates short temperament among house members
- Running water or leakage of water or broken tiles or marbles needs to be replaced immediately
- Never sit in a position while putting your back at the main door of the house. This creates deceits, backstabbing and unwanted visitors
- Install a nameplate of your house on the main entrance to enable opportunities to find you easily. Lighting the nameplate increases the effect manifold
- A Garden needs to be in the Northeast or East zone and it needs to be kept clean
- A storeroom needs to be in the South-West zone
- Tie eight peacock feathers for with a white coloured thread. Recite the following mantra 108 times Om Somay Namah. Keep these in your home
- Add sea salt to the water while cleaning and mopping your house or a premise in use.
- Do not keep broken utensils or dishes, mirror, broken bed in the house
- Discard or fix any broken watch or clock in your house
- Keep your face towards the East (long life) or North (money) while having your meal. South and West needs to be avoided
- Always clean your dishes and utensils after a meal and tidy your kitchen (Mars) meal zone
- Offer water to your visitors every time they come home, reduce Rahu

## (North node of Moon) influence

- Every time you come home, bring something home, this enhances wealth and chances of success

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For optimal and satisfying outcomes every day do the following when stepping out we should have the same nostril open as the foot we're using to step out of the door:

Sunday - right foot, right nostril open

Monday - left foot, left nostril open

Tuesday - right foot, right nostril open

Wednesday - left foot, left nostril open

Thursday - left foot, left nostril open

Friday - left foot, left nostril open

Saturday - right foot, right nostril open

Sun	Mon	Tue	Wed	Thu	Fri	Sat
R	L	R	L	L	L	R

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 $\Delta\Delta\Delta$

# APPENDIX

MANTRAS FOR RAHU

*KALABHAIRAV ASTHAKAM*

*DURGA SHAPSHATI*

*SHIVA TANDAV STOTRAM*